

CERTIFICATE OF PARTICIPATION

This is to certify that

Wouter Parfett

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:38:35

PACE 12:18/km
OVERALL 117 of 166

GENDER 64 of 78
40 - 49 20 of 21

23 June 2019, Sun

Date



BoutTime

Signature

